

Word of the week

inquisitive

My favourite room

What I like about my favourite room

My favourite things

Five interesting things about earthquakes

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This week I will do something nice for my family

A drawing of a happy caterpillar

Give it a go

Learn more about my favourite hobby



Freebie Happy Mail

No supervision is needed for this Happy Mail. Print it off and give it to your child so they can complete it in their own time.

This week I will do something nice for my family

This is an opportunity for your child to carry out an act of kindness, think about others and get creative. Let them do the activity off their own back; don't pressure them or remind them to do it. If they ask for help, do give it.

Give it a go: learn more about my favourite hobby

Here your child has the chance to expand and learn more about an existing hobby. It may renew enthusiasm, rouse their curiosity and take their hobby to a new level.

My favourite things

This activity allows your child to reflect on the things in their life that they enjoy. Hopefully they will have renewed enthusiasm and may even play or get involved with some of what they have listed.

My favourite room and what I like about my favourite room

This is an opportunity for your child to make a choice and express their reasons why they have made that choice.

Picture box: a drawing of a happy caterpillar

This activity may help boost creativity, appreciation of animals and expression of happy emotions.

Five interesting things about earthquakes

Helpful websites: www.factmonster.com or www.askkids.com

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Helpful website: www.wordcentral.com